WHAT IS CLAIMED IS:

- 1. A contact for an electrical connector, the contact comprising:
 - a) a first contact leg;
 - b) a second contact leg arranged in a substantially mirror relationship with the first contact leg; and
 - c) a connecting member extending between and being integral with the first contact leg and the second contact leg; wherein each of the first contact leg and the second contact leg includes a mating portion for engagement with one of a pair of spaced apart circuit board through holes disposed in a single circuit board, the mating portion comprising an elastically deformable beam for imparting a normal force onto a wall of a circuit board through hole upon engagement of the mating portion with a circuit board.
- 2. The contact of claim 1, wherein the elastically deformable beam includes a hinge that facilitates elastic deformation of the elastically deformable beam.
- 3. The contact of claim 1, wherein the elastically deformable beam includes a shoulder region for limiting insertion depth of the mating portion into a circuit board through hole.
- 4. The contact of claim 3, wherein a hinge is formed in the shoulder region.
- 5. The contact of claim 1, wherein the mating portion further comprises a second beam extending from the elastically deformable beam.
- 6. The contact of claim 5, wherein an intersection of the elastically deformable beam and the second beam defines a discrete engaging area such that friction between the contact mating portion and a circuit board through hole is minimized.
- 7. The contact of claim 6, wherein the second beam includes a second discrete engaging area that is transversely offset from the discrete engaging area.

- 8. The contact of claim 1, wherein the mating portion includes first and second discrete engaging areas for engaging a wall of a circuit board through hole.
- 9. The contact of claim 8, wherein the first discrete engaging area is vertically and transversely offset from the second discrete engaging area.
- 10. The contact of claim 1, wherein each of the first contact leg and the second contact leg includes an opposing mating portion for a soldered connection with a circuit board.
- 11. A contact for an electrical connector, the contact comprising:
 - a) a first contact leg;
 - b) a second contact leg spaced apart from the first contact leg;
 - c) a connecting member extending between the first contact leg and the second contact leg and being integral therewith; wherein each of the first contact leg and the second contact leg includes a mating

portion for engaging one of a pair of circuit board through holes formed in a single circuit board, the mating portion comprising at least one hinge that facilitates elastic deformation of the mating portion upon engagement of the mating portion with a wall of a circuit board through hole.

- 12. The contact of claim 11, wherein the mating portion further comprises a first beam and a second beam extending therefrom, each of the first beam and the second beam including a section that is angled with respect to a longitudinal contact axial line.
- 13. The contact of claim 12, wherein the angled section of the first beam is angled in a different direction that the angled section of the second beam.

- 14. The contact of claim 12, wherein the at least one hinge is disposed proximate an intersection of the first beam and the second beam.
- 15. The contact of claim 12, wherein the first beam comprises a second hinge.
- 16. The contact of claim 15, wherein the first beam includes a shoulder oriented orthogonal to the longitudinal contact axial line for limiting insertion depth of the mating portion into a circuit board through hole.
- 17. The contact of claim 16, wherein the second hinge is disposed in the shoulder.
- 18. The contact of claim 11, wherein the mating portion consists of a first discrete engaging area and a second discrete engaging area for engaging a wall of a circuit board through hole.
- 19. The contact of claim 18, wherein the first discrete engaging area is both vertically and transversely offset from the second discrete engaging area.
- 20. A contact for an electrical connector, the contact comprising: a contact leg including a mating portion for engagement with a circuit board through hole, the mating portion including a beam comprising:
 - a) a shoulder region extending orthogonal to a longitudinal contact axial line for limiting insertion depth of the mating portion into a circuit board through hole;
 - b) a discrete engaging area for imparting a normal force onto a wall of a circuit board through hole; and
 - c) a hinge formed in the shoulder region that facilitates elastic deformation of at least some of the mating portion upon engagement of the discrete engaging area with a wall of a circuit board through hole.

- 21. The contact of claim 20, further comprising a second contact leg that is arranged in a substantially mirror relationship with the contact leg, and a connecting member coupling the second contact leg to the contact leg.
- 22. The contact of claim 21, wherein the contact leg, the second contact leg, and the connecting member are integral.
- 23. The contact of claim 21, wherein the second contact leg has a mating portion that is configured similar to that of the contact leg.
- 24. The contact of claim 23, wherein the mating portion of each of the contact leg and the second contact leg further comprises a second discrete engaging area that is laterally and vertically offset from the discrete engaging area.
- An electrical connector comprising:an insulative housing; anda contact according to claim 1 disposed in the insulative housing.
- 26. An electrical connector comprising:an insulative housing; anda contact according to claim 11 disposed in the insulative housing.
- 27. An electrical connector comprising:an insulative housing; anda contact according to claim 20 disposed in the insulative housing.